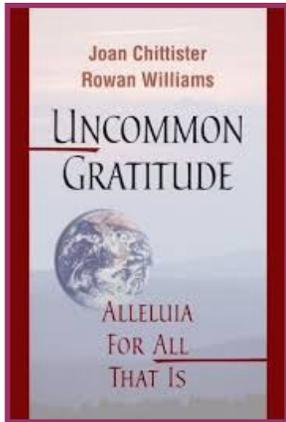


Lenten Opportunities

The liturgy for Ash Wednesday always includes an invitation into an “observance of a holy Lent.” Some general suggestions follow, according to traditional disciplines of the Church. At Trinity, we offer several special opportunities for you to consider including these:

Thursdays at Trinity

Again this year, we will have a special midweek gathering on five Thursdays in Lent – food for the body, and something for heart and mind as well. We invite you to come for all, or just part of each of these five evenings in Lent. We’ll start each night with a simple celebration of the Eucharist, followed by a simple supper. (See *times/description on page 9.*)



After sharing food for body and soul, we’ll share something for heart and mind, as well, as we read and discuss *Uncommon Gratitude: Alleluia For All That Is*, coauthored by Joan Chittister and Rowan Williams. Joan Chittister, a Benedictine nun and author of 40 books, is a leading voice in spirituality. Rowan Williams, the previous Archbishop of Canterbury, is acknowledged internationally as a theological writer, scholar and teacher.

This book is described as a reflection on gratitude, both for the things we naturally feel grateful for — God, peace, wealth, life, faith, and unity — as well as others which may be less obvious to us — including death, divisions, sufferings. As Joan Chittister says in her introduction, the reflections within this book are an invitation to see that “Life itself is an exercise in learning to sing ‘alleluia’ here in order to recognize the face of God hidden in the recesses of time ... to deal with moments that do not feel like ‘alleluia moments’ at all.”

We’ve ordered a batch of books and they’ll be available for \$16.95 each. To reserve a copy, please use one of the signup sheets at the back of the church or in Brooks Hall.

Church 101 continues in Lent

It’s never to late to join the conversation at our weekly adult forum, meeting Sundays between the morning services in Brooks Hall. We invite you to join this series of introductory sessions on life at Trinity and the wider Episcopal Church. For those new to Trinity, it’s an introduction. For those who have been around for awhile, think of it as a refresher/retooling course. We hope you’ll come and take part in these discussions of what it means to live as followers of Jesus in the Episcopal tradition. And we’ll use this as a way to anticipate the Bishop’s Visitation to Trinity on the 5th Sunday of Lent, April 2.)

Lent Madness

Inspired by college basketball tournaments, Lent Madness pits 32 saints against each other in a bracket, ending with one of them crowned with the coveted “Golden Halo.” It is a bit silly, possibly irreverent. It is also a fine way to learn more about the saints of God! There is MUCH more information available about Lent Madness at www.lentmadness.org.



We’ll have a large poster at church, a sampling of *Saintly Scorecard* (the companion guide for those who want to read along), plus individual “brackets” that will allow everyone to keep track of who advances toward “the Golden Halo.”

United Thank Offering (UTO)

The UTO is a ministry of the Episcopal Church for the mission of the whole church. Through UTO, people nurture the habit of giving daily thanks to God. The offerings received are distributed to support mission and ministry in the U.S. and throughout the Provinces of the Anglican Communion. We’ll hear about some of that work when we meet Grace Mokiwa on March 12 and/or 19 (see page 6 for more information).

